



## FEZANA Age-Appropriate Lesson Plan

**Subject Category (circle one):** Religion/Ceremony History Prayer Gathas  
Comparative Religion **Shahnameh**

**Age Group (circle one):** **PreK-K** Grades 1-3 Grades 4-5 Grades 6-8 Grades 9-12

**Lesson # (if applicable):** 3

**Subject of the Lesson:** King Keyumars

### Material for the teacher:

The first story in Shahnameh is about King Keyumars. He ruled for 30 years. King Keyumars and his people lived in the mountains (cave) many years ago. They moved from place to place to find food because they didn't know how to farm. They wore leopard skins and other animal skins for clothes.

King Keyumars was very smart. He made laws and rules for his people, so that they could work together and do good things. With his rules, they became very successful. He taught his people how to make clothing and other important materials from animal furs. He also taught his people how to make sling shots to protect themselves from wild animals and enemies. King Keyumars built two cities by the names of Damavand and Estakhr. He had a son by the name of Siamak. Siamak was killed by the enemies.

### Lesson for students:

Teachers should begin the lesson by asking students what they remember about the Shahnameh and Ferdowsi. If students do not remember anything, review some key points about them. The teacher will use the information in the "Background Knowledge for the Teacher" section to go over the first story. After reading the first story to the students, the students can work on the activities listed below.

### Activity for Students:

After reading the story, the students can do one of the following activities:

- Make a cave out of playdough
- Make a crown with paper and color it

### Sources:

*Shahnameh: The Persian Book of Kings* retold by Elizabeth Laird

*Shahnameh: The Epic of the Kings* by Abolqasem Ferdowsi (Translated by Reuben Levy)

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